



Italian Herb & Tomato Meatballs

INGREDIENTS

Beef Mince

Pork Mince

Lucas Meatball Binder Mix

Cold Water

Verstegen Italian Herb & Tomato Sauce

METHOD

- Mix the mince (50/50) and add the Meatball Binder Mix and cold water as per the pack instructions.
- Form into 30g balls.
- Cover the bottom of a smoothwall foil tray with a thin layer of Sauce and place the meatballs on top.
- Spoon more sauce over the meatballs.

COOKING GUIDE

- Oven cook at 180°C for approx 30 mins.

Please note that all recipes and cooking instructions are intended as a guideline only.

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